

MEETING PROGRAM

August 1 – 6, 2023

Latvia

August 1

Documentary materials for the study of musical traditions for starting inclusive work with seniors

- 9.00–11.00 am Arrival Jēkabpils agribusines college in the Barkava structural unit (Dzirnavu Street 1, Barkava Parish, Madonas County). Organizational issues.
- 11.00 am –1.00 pm Lecture: Folk music instruments and ensembles in musicians' memoirs and today. (LU professor Valdis Muktupāvels)
- 1.00–2.00 pm *Lunch*
- 2.00–4.00 pm Lecture: creating a repertoire for a group of musicians. Musicians' songbooks (Mg. philol. Iveta Dukaļska)
- 4.00–6.00 pm Lecture (in computer class): Folk music materials in LFK digital archive garamantas.lv (Mg. art. Justīne Jaudzema)
- 6.00–7.00 pm *Dinner*
- 8.00 pm ... An evening for the participants to get to know each other, singing together, making music with the Barkava folklore ensemble "Madava" and the Barkava rural musicians band.

August 2

The teachers' knowledge of the music-making tradition is the basis for an open conversation with seniors

- 8.30–10.00 am *Breakfast*
- 10.00–12.00 am Lecture, practical lesson: Improvisation. Variation. Work with rhythm and their groups. Improvisation in different musical genres: traditional, classical, pop music, jazz. (Mg. art. Artis Gāga)
- 12.00 am –1.00 pm Lecture: Fashionable clothing in Latvia in the 19th and 20th centuries. at the turn of the century Musicians' clothing (Dr.hist. Aija Jansone)
- 1.00–2.00 pm *Lunch*
- 2.00–3.00 pm Lecture: Fashionable clothing in Latvia in the 19th and 20th centuries. at the turn of the century Musicians' clothing (Dr. hist. Aija Jansone)
- 3.00–7.00 pm Tour of Madona county. Dinner
- 7.00 pm ... Meetings and interviews with senior musicians. Evening music making, "Dziga" chapel experience. (Mg. paed.. Dace Baltkāja)

August 3

Knowledge of the traditional use of musical instruments as a basis for pedagogy for working with seniors

- 8.30–10.00 am *Breakfast*
- 10.00–12.00 am Lecture, practical lesson: Basic principles of folk music group playing. Instrumentation composition (master of musical instruments, musician Gunārs Igaunis)

- 12.00–1.00 pm Lecture, practical lesson: Cymbal - Latgale. The instrument's origin and place in Latvian musical traditions. Playing techniques and possibilities of practical use in the ensemble (Mg. art. Ilmārs Pumpurs)
- 12.00–1.00 pm Lecture, practical lesson: Frame drums (Bubyns). The instrument's origin and place in Latvian musical traditions. Playing techniques and possibilities of practical use in the ensemble (Mg. philol. Zane Dukaļska)
- 1.00–2.00 pm *Lunch*
- 2.00–3.00 pm Lecture, practical lesson: Cymbal - Latgale. The instrument's origin and place in Latvian musical traditions. Playing techniques and possibilities of practical use in the ensemble (Mg. art. Ilmārs Pumpurs)
- 2.00–3.00 pm Lecture, practical lesson: Frame drums (Bubyns). The instrument's origin and place in Latvian musical traditions. Playing techniques and possibilities of practical use in the ensemble (Mg. philol. Zane Dukaļska)
- 3.00 - 5.00 pm Lecture, practical lesson: Zither. The instrument's origin and place in Latvian musical traditions. Playing techniques and possibilities of practical use in the ensemble (Mg. art. Ilmārs Pumpurs)
- 5.00–6.00 pm *Dinner*
- 6.00–7.00 pm *Excursion around Barkava*
- 7.00 pm ... Evening music, experience of the "Skaņumajas muzikanti" music band (Mg. art. Ilmārs Pumpurs)

August 4

Psychological qualities and knowledge necessary for a teacher to work with creative personalities

- 9.00–10.00 am *Breakfast*
- 10.00–12.00 am Lecture, practical lesson: Advertising techniques for a group of musicians (radio journalist Maija Upeniece)
- 12.00–2.00 pm Lecture, practical lesson: Wellness in the creative collective. Seven dimensions of well-being (physical, intellectual, environmental, occupational, social, emotional and spiritual) (Mg. psych. Ilze Ušacka)
- 2.00–3.00 pm *Lunch*
- 3.00 – 4.00 pm A discussion of the theory and practical utility of folk music (Mg. philol. Iveta Dukaļska)
- 4.00 – 6.00 pm *Free time*
- 6.00 – 7.00 pm *Dinner*
- 7.00 pm ... The experience of senior musicians on stage as participants of the Folk Musician Festival

August 5

Practical works and discussions on an inclusive society through art and music

- 10.00 –11.00 am *Breakfast*
- 11.00–12.00 am Discussions. The experience of the project participants in working with seniors through various artistic expressions.

12.00–1.00 pm *Lunch*

1.00–4.00 pm Meeting with senior musicians. Interviews. Practical music making.

4.00 – 6.00 *Free time*

6.00 -7.00 pm *Lunch*

7.00 pm... Participation of senior musicians in the Folk Musician Festival. Practical lesson of project participants: observation of the music making process of senior musicians.

August 6

Collection of materials of the first study visit of the project, conclusions

10.00 – 11:00 am *Breakfast*

11.00am– 2.00 pm Evaluation of the observation of the seniors' music-making process, discussion, conclusions.

2.00–3.00 pm *Lunch*

3.00–4.00 pm Departure